

Suicide Postvention Resources
listed in the new and updated edition of
But I Didn't Say Goodbye: Helping Families After a Suicide (3rd ed.)
by Barbara Rubel

- After a Suicide: A Toolkit for Schools (2nd ed.): <https://afsp.org/our-work/education/after-a-suicide-a-toolkit-for-schools/>
- After a Suicide: A Postvention Primer for Providers: lifeguard.tripod.com/After_a_Suicide.pdf
- After a Suicide: Religious Services: <https://theactionalliance.org/faith-hope-life/after-suicide-recommendations-religious-services-and-other-public-memorial-observances>
- A Guide for Medical Examiners and Coroners: Best Practices for Talking with Families About Suicide
https://docs.wixstatic.com/ugd/a0415f_3160611bae3f4be69c8e86b1ec7ed4ce.pdf
- Alex Blackwood Foundation for Hope (Camp Alex): alexblackwood.com
- Alliance of Hope for Suicide Loss Survivors: allianceofhope.org
- American Academy of Bereavement: thebereavementacademy.com
- American Association of Suicidology (AAS): suicidology.org
- AAS-Helping Survivors of Suicide: What Can You Do?
https://www.preventionlane.org/wp-content/uploads/2016/10/Helping-Survivors-of-Suicide_What-Can-You-Do.pdf
- American Foundation for Suicide Prevention (AFSP): afsp.org
- AFSP-Children, Teens and Suicide Loss: <https://afsp.org/wp-content/flipbooks/childrenteenssuicideloss/?page=1>
- AFSP-Healing Conversations: Personal Support for Survivors of Suicide Loss: afsp.org/find-support/ive-lost-someone/healing-conversations/
- Association for Death Education and Counseling (ADEC): The Thanatology Association: adec.org
- Befrienders Worldwide: befrienders.org/
- Best Practices for Talking About Suicide for Medical Examiners and Coroners: <https://www.mecrecs.org/>
- Beyond Blue: <https://www.beyondblue.org.au/the-facts/suicide-prevention/understanding-suicide-and-grief/supporting-a-loved-one-after-they-have-lost-someone-to-suicide>
- Breaking the Silence in the Workplace:
<http://www.sprc.org/sites/default/files/migrate/library/Breaking%20the%20Silence%20Final.pdf>
- California Institute for Behavioral Health Solutions: After Rural Suicide: A Guide for Coordinated Community Postvention Response:

https://www.cibhs.org/sites/main/files/file-attachments/after_rural_suicide_guide_2016rev.pdf

- Camp Kita: Children’s Bereavement Camp for Suicide Loss Survivors: <https://campkita.com/>
- Carson J. Spencer Foundation: carsonjspencer.org
- The Catholic Charities: Loving Outreach to Survivors of Suicide: <https://www.catholiccharities.net/GetHelp/OurServices/Counseling/Loss.aspx>
- The Center for Complicated Grief: <https://complicatedgrief.columbia.edu/professionals/complicated-grief-professionals/overview/>
- Center for Grief and Loss: griefloss.org/
- Center for Suicide Awareness: <https://www.centerforsuicideawareness.org/>
- Centering Corporation: centering.org/
- Clinicians as Survivors: After a Suicide Loss: [/pages.iu.edu/~jmcintos/basicinfo.htm](http://pages.iu.edu/~jmcintos/basicinfo.htm)
- Comfort Zone Camp: <https://www.comfortzonecamp.org/>
- Compassion Books: www.compassionbooks.com
- Compassionate Friends: Surviving Your Child’s Suicide: <https://www.compassionatefriends.org/surviving-childs-suicide/>
- Cope Foundation: copefoundation.org/
- Davenee Foundation: daveneefoundation.org/
- Digital Memorial Quilts: afsp.org/find-support/ive-lost-someone/digital-memory-quilt/create-a-new-quilt-square/
- The Dougy Center: National Center for Grieving Children and Families: dougy.org/
- Emma’s Place of Staten Island: www.emmasplacesi.com/
- Find a Suicide Loss Survivors Support Group: afsp.org/find-support/ive-lost-someone/find-a-support-group/
- Friends for Survival: Offering Help After a Suicide Death: friendsforsurvival.org/
- The Gift of Second: <http://thegiftofsecond.com/>
- The Glendon Association: glendon.org/
- Griefwork Center, Inc. Suicide Postvention Speaker Services www.griefworkcenter.com
- Heartbeat: <https://www.heartbeatsurvivorsaftersuicide.org/>
- Help at Hand: A Guide for Funeral Directors: <http://www.sprc.org/sites/default/files/migrate/library/funeraldirectors.pdf>
- Hope Squad: hopesquad.com/postvention/
- How to Talk to Kids About Suicide: <https://drrobysilverman.com/how-to-talk-to-kids-about-suicide-with-dr-dan-reidenberg/>
- International Association for Suicide Prevention (IASP): info/postvention.php
- International Society for Traumatic Stress Studies: ISTSS.org
- The Jason Foundation: www.jasonfoundation.com

- The JED Foundation: jedfoundation.org/
- The Joseph T. Quinlan Bereavement Center: copewithgrief.org
- Kara: kara-grief.org/support-for/adults/
- Lifesavers Blog-AFSP: <https://afsp.org/lifesaver-blog/>
- LOSS Team: lossteam.com/
- A Manager's Guide to Suicide Postvention in the Workplace: suicidology.org/Portals/14/docs/Survivors/Loss%20Survivors/Managers-Guidebook-To-Suicide-Postvention.pdf
- Mental Health America: mentalhealthamerica.net/
- Moyer Foundation (Camp Erin): moyerfoundation.org
- National Action Alliance for Suicide Prevention: Recommended Standard Care for People with Suicide Risk: Making Health Care Suicide Safe: actionallianceforsuicideprevention.org/sites/actionallianceforsuicideprevention.org/files/Action%20Alliance%20Recommended%20Standard%20Care%20FINAL.pdf
- National Alliance for Grieving Children: childrengrieve.org/
- National Alliance on Mental Illness: nami.org/
- National Child Traumatic Stress Network (NCTSN): nctsn.org/what-is-child-trauma/trauma-types/traumatic-grief
- NASPA Student Affairs Administrators in Higher Education, Postvention: A guide for response to suicide on college campuses <https://www.naspa.org/focus-areas/mental-health/postvention-a-guide-for-response-to-suicide-on-college-campuses>
- National Organization for Victim Assistance: trynova.org
- National Center for Victims of Crime: victimsofcrime.org/
- National Suicide Prevention Lifeline, 24/7, Free and Confidential Support: 1-800-273-TALK (8255); for Hard of Hearing 1-800-799-4889; en Español 1-888-628-9454 suicidepreventionlifeline.org/
- National Suicide Prevention Lifeline: Lifeline Online Postvention Manual <http://www.sprc.org/sites/default/files/migrate/library/LifelineOnlinePostventionManual.pdf>
- Open to Hope: opentohope.com/
- Our Side of Suicide: <http://www.oursideofsuicide.com/>
- Parents of Suicides/Friends & Families of Suicides: pos-ffos.com/
- Pastoral Postvention: https://theactionalliance.org/sites/default/files/fhl_competencies_v8_interactive.pdf
- Posttraumatic Growth Research Group: ptgi.uncc.edu/
- The Public Health Approach to Prevention sprc.org/sites/sprc.org/files/library/phasp.pdf
- QPR Institute for Suicide Prevention: courses.qprinstitute.com/
- Reach Out.com: ie.reachout.com/loss-and-grief/supporting-a-friend-after-someone-dies-from-suicide/

- Riverside Trauma Center: <http://traumacenter.wpengine.com/wp-content/uploads/2015/03/Postventionguidelines.pdf>
- SAFE-T Pocket Guides for Clinicians: store.samhsa.gov/product/Suicide-Assessment-Five-Step-Evaluation-and-Triage-SAFE-T-Pocket-Card-for-Clinicians/SMA09-4432
- The Samaritans: <https://www.samaritans.org/>
- NYC: samaritansnyc.org/ MA: samaritanshope.org/
- Sibling Survivors of Suicide Loss: siblingsurvivors.com/
- Substance Abuse and Mental Health Services Administration: www.samhsa.gov/
- Suicide Attempt Survivors Task Force of the National Action Alliance for Suicide Prevention: actionallianceforsuicideprevention.org/sites/actionallianceforsuicideprevention.org/files/The-Way-Forward-Final-2014-07-01.pdf
- Suicide Awareness Voices of Education (SAVE): save.org
- Suicide: Finding Hope: suicidefindinghope.com/
- Suicide Grief Support Forum: suicidegrief.com/
- Suicide Prevention Resource Center (SPRC): sprc.org
- SPRC Toolkit for Schools <http://www.sprc.org/resources-programs/after-suicide-toolkit-schools>
- Suicide Safe: actionallianceforsuicideprevention.org/sites/actionallianceforsuicideprevention.org/files/Action%20Alliance%20Recommended%20Standard%20Care%20FINAL.pdf
- Suicide Safety Plan: suicidesafetyplan.com
- Support After a Suicide: supportaftersuicide.org.au/
- Surviving After a Suicide Loss Blog: <https://survivingaftersuicide.com/blog/>
- Tragedy Assistance Program for Survivors (TAPS): <https://www.taps.org/suicidepostvention>
- Trauma Institute & Child Trauma Institute: childtrauma.com/
- Trevor Project (LGBTQ): thetrevorproject.org/
- United Suicide Survivors International: <https://unitesurvivors.org/>
- Violent Death Bereavement Society: vdbs.org/html/director.html
- Yellow Ribbon: yellowribbon.org/
- Zero Suicide in Health and Behavioral Health Care Toolkit: zerosuicide.sprc.org/toolkit